

# Items for Overnight Trip

Here are the packing list suggestions:

- A sleeping bag and/or sheets and a blanket - (The Cabins have bunk beds)
- Pillow
- 2 Towels (one for each day)
- Sneakers or closed toed shoes--no sandals or flip flops
- Clothes for both days
- A swimsuit
- A flashlight
- Books and magazines to read during rest period
- Shampoo, toothpaste, soap, etc.
- Bug Spray
- Sunscreen