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| SUGAR HOLLOW (SUGA) [7 PLACES] | |
| TOWNS | CHARLOTTESVILLE, WAYNESBORO |
| LAT, LON | lat=38.13942, lon= -78.75336(source: DeLorme) (accuracy:general area) |
| STATE | VA |
| WATER | Moorman's River; North and South Fork |
| TYPE | River |
| DESCRIPTION | The North Fork and South Fork of the Moorman's River in Shenandoah N.P. (accessed from Waynesboro-Charlottesville area) have numerous excellent swimming holes. See below for details. (If you can only go to one place here, I recommend you go to Hole #5, "Blule Hole" on the South Fork, it is a super swimming hole!) |
| AREAS | Shenandoah N.P. |
| SANCTION | Unofficial |
| FEE | No |
| ACTIVITIES | Swimming, Jumping |
| FACILITIES | None |
| PHONE | None |
| DIRECTIONS | <p>From I-64 between Waynesboro and Charlottesville, take Exit 107 onto RT 250 east (toward Crozet) then turn left (north) onto RT 240 continuing toward Crozet. In Crozet, where RT 240 turns right, continue straight onto RT 810. Take RT 810 to White Hall then turn left (west) on RT 614. At an old, white building, signed "Piedmont Store", where the main road makes a sharp right turn, DO NOT GO RIGHT BUT TAKE THE SMALL ROAD TO THE LEFT OF THE GROCERY which is still RT 614, now called Sugar Hollow Road. Follow Sugar Hollow Road (along the Moorman's River) for 4.7 miles to the Charlottesville Reservoir.</p> <p>Continue up this road and you will see in front of you a dam and reservoir. Continue on this road past the dam and past the reservoir, where you will see under the trees a dirt parking area with some signs of the trees. Park here. From here, there are two trails: The South Fork Moorman's River Trail and the North Fork Moorman's River Trail. There are swimming holes on both forks:</p> |

NORTH FORK MOORMAN'S RIVER TRAIL: From the parking area, hike on up the road you were driving on. Soon there will be a sign saying it's now the Shenandoah National Park. There's one obvious trail in this area. Follow this trail along the North Fork and, in less than a mile, right where the trail crosses the river for the second time, you'll come to what I call swimming hole #2 (I am told it is called "Snake Hole" by locals). (Hole #1 was deleted, so the numbers now begin with #2; sorry.) The trail continues (now on the right side of the river), and there is another swimming hole #3 very shortly.

Hole #4, Big Branch Falls, is about about .5 mi north of hole #3, a total of 1.8 mi north of the parking lot. The pool at the bottom of Big Branch Falls (about 40ft high) is deep enough (2-3 feet) to get wet in and cool off. [Here are detailed directions to Big Branch Falls; hole #4: After hole #3, The Moormans River trail crosses Big Branch and to the left, before you cross the stream is a side trail with a concrete post marker. 0.1 miles to the falls which you can see. This is a total of about 1.8 miles from the parking lot.]

SOUTH FORK MOORMAN'S RIVER TRAIL: If you go south from the parking lot at the reservoir, you go on the South Fork Moormans River Trail which eventually goes up to Jarmans Gap and the Appalachian Trail. From the parking area, immediately cross the river on rocks and climb up the (very steep) far bank. Here you will find the fire road which is the trail. Hike up this fire road, continuing straight uphill (do not follow the road that goes off to the left). It eventually comes down to the South Fork and crosses the South Fork once and continues up the stream on the east side. The hole is about 1.5 miles from the parking lot on the right side of the trail (shortly before you get to the hole on the right - there is a "tall Chimmney" in woods on your left.) (the hole is and clearly visible from the trail). It is a set of cascades and at least one huge, deep pool surrounded by rocks - this is hole #5, locally called Blue Hole. It usually has a rope swing and is very deep and suitable for CAREFULLY jumping from rocks. THIS IS A PRIMO PLACE - keep it nice, please!

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| PAULS CREEK (PAUL) | |
| TOWNS | CHARLOTTESVILLE, NELLYSFORD |
| LAT, LON [DRIVE TO] | lat=37.92099, lon= -78.86708(source: DeLorme) (accuracy:approximate) |
| LAT, LON [HIKE TO] | lat=37.92416, lon= -78.86441(source: DeLorme) (accuracy:approximate) |
| STATE | VA |
| WATER | Paul's Creek |
| TYPE | Slides |
| DESCRIPTION | Water slides, one into a "bathtub." THIS IS ACCESSED VIA A PRIVATE RESORT COMMUNITY - PLEASE BE RESPECTFUL OF THE PROPERTY AND RESIDENTS OR ACCESS MAY BE LIMITED IN THE FUTURE. |
| AREAS | George Washington N.F. |
| SANCTION | Unofficial |
| FEE | No |
| ACTIVITIES | Swimming, sliding |
| FACILITIES | None |
| PHONE | None |
| DIRECTIONS | From Charlottesville, take RT 250 west to RT 151 south (left). Follow RT 151 toward Nellysford. Turn west (right) at RT 613 (the first entrance to the Stony Creek resort development). Turn left on Rodes Valley Drive then left on Crawford's Climb. In about 1 mile, go right on Paul's Creek Court (this is not Paul's Creek Drive.) Park at the end of this short road. Follow the trail down hill and uphill, crossing the creek once, then find the first water slides. The upper slide ends in the "bathtub." Another .25 miles upstream (be careful to avoid the poison ivy) is the best slide. The round-trip hike is about 2 miles, but steep. Be careful of poison ivy. Also, some hikers have been stung by wasps on this trail, so be careful of these also. |